

Ukrainian Children with Cancer Fight their Own War By <u>Megan Specia</u>, The New York Times

Megan Specia traveled to Lviv, Kyiv and Shidnytsia in western Ukraine's Carpathian Mountains to spend time with children with cancer and their families.

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Eighteen-month-old Mykola clutched his mother's finger as he toddled up the hallway of the national children's hospital in Kyiv, his still-unsteady legs eager to keep up with his desire to walk.

Mykola has spent the entirety of his short life in the hospital. His cancer was diagnosed at birth, just a month before Russian forces invaded Ukraine.

"It's like you have two wars to fight," said his mother, Anna Kolesnikova. "Two wars in your life: one is to save your child's life, and the other war is for your country."

Across Ukraine, families of children with cancer are facing the dual agonies of lifethreatening illness and a country engulfed by war. For many, the Russian invasion has meant displacement from their homes, fear of airstrikes and separation from loved ones, including family members serving in the military.

But despite the new hardships, the conflict has also contributed to development in Ukrainian pediatric oncology, experts say, thanks to greater cooperation with international partners at this moment of crisis.

Still, for families like the Kolesnikovs, the war has only compounded their pain.

Mykola was born in Kherson in January 2022 with a malignant tumor that distorted his face and neck and left him with just one functioning eye. He was sent to Ohmatdyt Children's Hospital in Kyiv almost immediately for chemotherapy and surgery.

He and his mother spent weeks sheltering in the hospital's basement so that Mykola could continue treatment even as Kyiv came under attack.

Their hometown in the Kherson region of southern Ukraine was soon seized by Russian forces and remains under occupation. Ms. Kolesnikova, 32, has stayed in Kyiv with Mykola, while her husband, her older son and her parents remain on the other side of the front lines, which can seem like the other side of the world. "I am separated from my family," she said. "And I am constantly worried for my kid's life and for the lives of my parents and my other son."

She feared the worst when the Nova Kakhovka dam was destroyed last month, flooding part of the Kherson region, but her family was unharmed.

At the start of the war, many children with cancer were hastily evacuated to other European nations, or farther afield. The evacuations, coordinated with SAFER Ukraine in partnership with St. Jude Global, ensured their treatment could continue uninterrupted.

"We had a lot of attention to save this big, vulnerable group of children," said Dr. Roman Kizyma, a pediatric oncologist and the acting director of Western Ukrainian Specialized Children's Medical Center.

Since then, Ukraine's approach to pediatric cancer care has shifted, said Dr. Kizyma, 39. Starting last summer, the focus has been on capacity-building within the country. While some children with complex needs are still sent abroad, most now remain in Ukraine.

With new coordination with international partners, growing links with European hospitals, new training opportunities, and more experts providing aid in the country, Dr. Kizyma said he hoped to see pediatric oncology strengthened in Ukraine.

"I think that the level is going up, and maybe it will be even higher," as a result of the war, he said, pointing to more specialized treatments in regional hospitals since the war began.

Sasha Batanov, 12, was in a hospital in Kharkiv, bedridden with severe back pain, in February 2022 when the Russian invasion began and the hospital was evacuated. He was taken home, and sheltered there for weeks.

"I was trying to calm him down," his mother, Nataliia Batanova, said. "Although I realized something was going on."

They didn't know it yet, but Sasha had leukemia. If he could have stayed in the hospital, it would have been caught sooner, his mother said.

It would be July before the cancer was diagnosed and he was transferred to Kyiv for chemotherapy. Sasha also needed a bone-marrow transplant, which he received this April.

For now, Sasha, his mother and his brother are living in an apartment in Kyiv while he continues treatment. His father is a soldier, fighting in the country's east, adding to their fears. But Ms. Batanova has hope.

"We are happy that we have this life today, this very moment," she said. "This is what the war and this life taught us."

For children with cancer and their families, it can be a struggle to find even a small piece of normalcy as personal and national crises converge.

Viktoria and Serhiy Yamborko hoped that a summer camp in the Carpathian Mountains of western Ukraine earlier this month would give them time to create some happy memories with their 5-year-old daughter, Varvara, whose cancer was diagnosed last year.

They traveled there with Tabletochki, which runs camps for children and their families to swim, hike, and relax.

With nervous excitement, Varvara, wearing a small riding cap, was helped onto the back of a horse for a trail ride, the pine forests stretching out in the valley below. Mr. Yamborko, 50, took a video on his phone while Ms. Yamborko, 38, held her daughter's arm.

"These rehabilitation moments, although they are few, they help you go on," said Mr. Yamborko, who said they had also relied on their deep Orthodox faith to sustain them.

The family is originally from Kherson, but was in Kyiv at the start of the war and fled to the relative safety of western Ukraine for a few months. That was when they noticed changes in Varvara, who fractured three bones in a short time and grew increasingly unwell.

Last summer, when they returned to Kyiv, they got the diagnosis they feared.

"It felt like the end of the world," Ms. Yamborko said, describing her difficulty in coping with the news, while also fearing for family still living in Kherson. "I thought that was it."

Varvara endured months of intensive chemotherapy and other treatments, and was discharged from the hospital this summer. She continues to receive outpatient care, but her energy and feisty spirit have returned, her parents said.

With a lilac baseball cap covering her short hair that has begun to grow back, Varvara said excitedly that her favorite part of the camp was spending time with the other children.

"It's great to be around the other parents, you don't have to explain everything," said Ms. Yamborko. "Here, we understand each other without words."

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